

2020–21 Impact Highlights

Supporting people to gain the life skills, stability and confidence needed for a positive future.



Who are our participants?

People come to us dealing with a wide range of issues linked to deprivation. These are the barriers to potential that we work together to overcome.

The most common barriers people face are:

69%
Mental health issues

67%
Experience of justice system

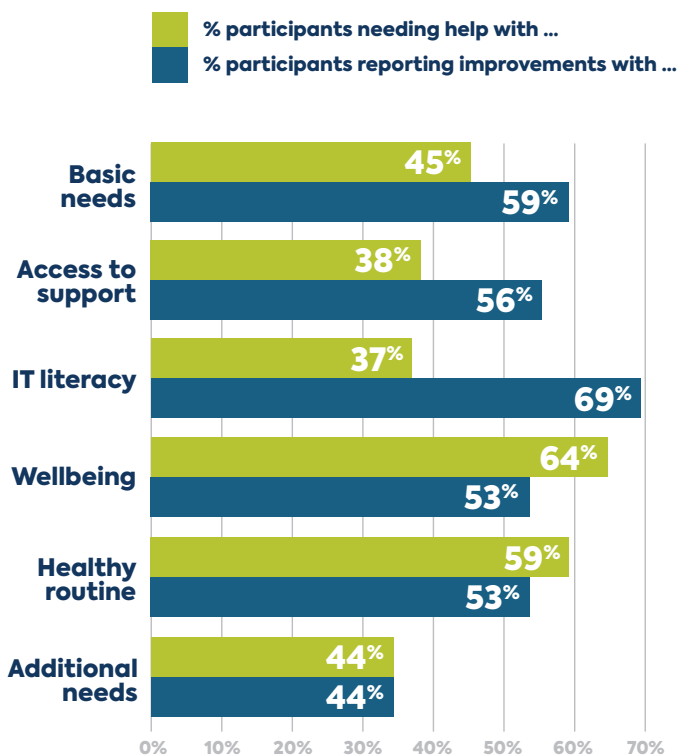
57%
Other barriers to employment

40%
History of alcohol abuse

49%
History of substance abuse

Be Connected: Adapting to digital support during Lockdown

People come to us dealing with a wide range of issues linked to deprivation. These are the barriers to potential that we work together to overcome. For our participants, lockdown meant stress, uncertainty and loss of access to vital services. We were determined to support them however we could. Participants told us what they were struggling with, and we delivered support to meet their needs.



Data Poverty

When the world went online, many of our participants were cut off. We partnered with Foundation Scotland to deliver data poverty grants to get people online.

203
participants supported

£3008
total value of grants

Declan's story

"I don't think I would have got to where I have been, in the space of time that I have, without Venture Trust. From start to finish whatever support you needed was there. They went above and beyond to make sure you got a nudge whenever you needed it."

[Read more](#)

Achieving more

We launched Scotland's first dedicated [Outdoor Therapy](#) service, providing professional counselling in accessible green spaces – parks, woodlands – for people who need support for their mental health.

We made a difference

Our services made a difference to people involved in the justice system, facing unemployment or dealing with mental wellbeing issues. We got 43 people into positive destinations such as work, training, education and volunteering.

621
supported

43
positive destinations

82%
improved employability

77%
improved resilience

79%
improved stability

"I began to see my own potential. I realised I could make changes in my life. Venture Trust takes you out of your normal situation and takes you to a place where anything is possible. The programme helps you develop the confidence and tools to let you know what you are capable of doing in the future. It brought me back to life."

[Read more participant stories](#)