

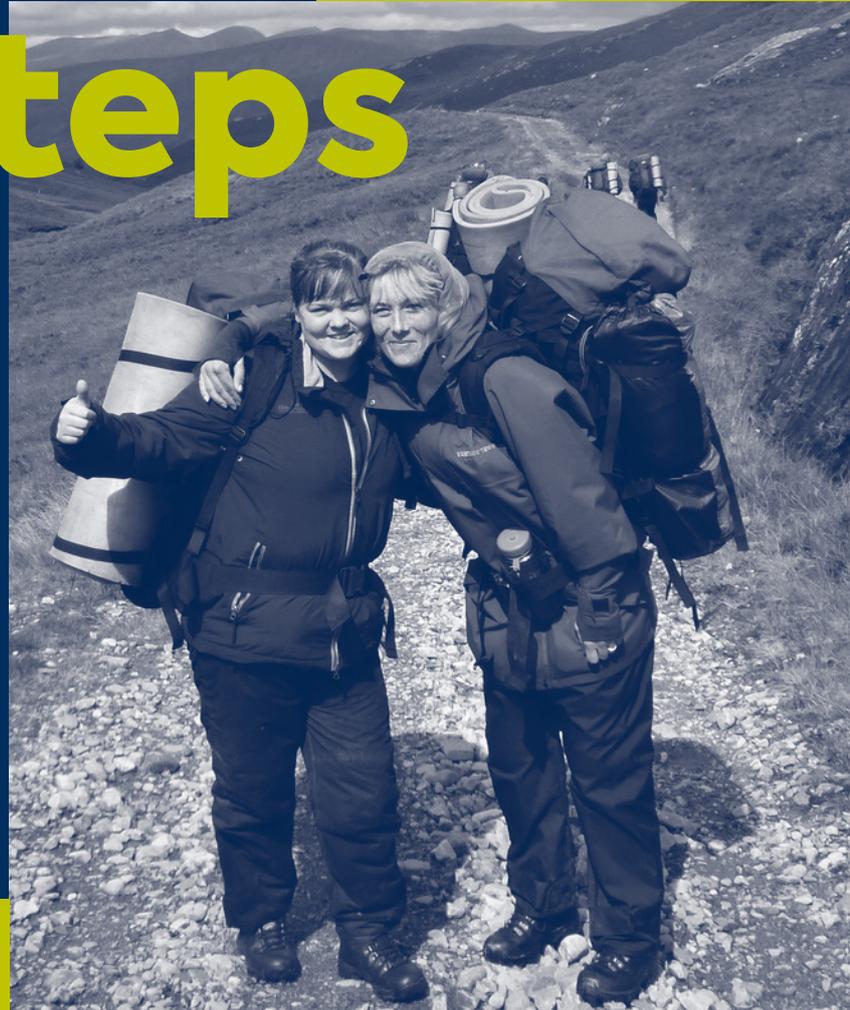
Next Steps

Personal development programme for

- ✓ women 16+ facing challenging life circumstances
- ✓ women involved in criminal justice

We currently operate across Scotland

venturetrust



N

ext steps is for women whose backgrounds have led to their involvement in offending or to experience homelessness or misuse drugs or alcohol which may impact on their wellbeing, relationships and life circumstances.

The programme supports women to reduce their risks of re-offending, and make positive changes in their lives and behaviour.

The combination of community-based support alongside an outdoor learning helps individuals to develop the skills and coping strategies to maintain their motivation to implement long lasting changes to their life.

Individuals build connections to services and employment, education, training or volunteering opportunities within their communities.

Refer now

(this is a secure, encrypted online form)

** Venture Trust does not currently work with registered sex offenders or those subject to Multi-Agency Public Protection Arrangements (MAPPA)



What to expect (during current restrictions)

- **An initial conversation by phone/video call to decide if the service is right for you**
- **After an assessment period, you will be given an outreach worker to identify the changes you want to make in life and develop achievable goals**
- **Support with personal development and outdoor learning through face-to-face and small group activities, as well as by phone and digital platforms.**
- **A Wilderness Journey in Scotland's outdoors where activities such as camping, hiking, canoeing and abseiling can be used for learning new skills and understanding how to deal with challenges.**
- **Further community-based outreach support to encourage progression and embedding positive changes over a 9 month period**

Venture Trust programmes will help you to:

- **Deal more effectively with stressful or unfamiliar situations and reduce risk of offending or reconviction**
- **Develop valuable life skills such as more effective communication, working collaboratively and self-organisation**
- **Move along a path towards volunteering, education, training and employment**
- **Build more positive relationships with those around you**
- **Think about where you want to be in life, and work out how to get there**
- **Boost confidence and discover new things about yourself**

How to get involved

Refer now

(this is a secure, encrypted online form)

www.venturetrust.org.uk

info@venturetrust.org.uk

T: 0131 228 7700



@venturetrust



/venturetrust

