

Living Wild

Personal development programme for

- ✓ Individuals 16–40 on a CPO or other Criminal Justice orders
- ✓ Individuals aged 16+ with armed forces experience, no matter how brief with offending/community justice involvement.

We currently operate across Scotland

venturetrust





Living wild supports men and women aged 16–40, on Community Payback (and other criminal justice orders*) who want to make positive and sustained changes that can lead to a move away from offending.

It also supports individuals aged 16+ with armed forces experience, no matter how brief with offending/community justice involvement.

Through intensive learning and personal development individuals will consolidate their new skills, boost confidence, motivation and aspirations. This will allow individuals to tackle complex circumstances and patterns of behaviour and tackle re-offending and help with rehabilitation.

***These include Drug Treatment and Testing Orders, Restriction of Liberty Orders, Home Detention Curfews, Structured Deferred Sentences (SDS) – Diversion from Prosecution- parole/voluntary throughcare or parole.**

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**** Venture Trust does not currently work with registered sex offenders or those subject to Multi-Agency Public Protection Arrangements (MAPPA)**



What to expect (during current restrictions)

- **An initial conversation by phone/video call to decide if the service is right for you**
- **After an assessment period, you will be given an outreach worker to identify the changes you want to make in life and develop achievable goals**
- **Support with personal development and outdoor learning through face-to-face and small group activities, as well as by phone and digital platforms.**
- **A Wilderness Journey in Scotland's outdoors where activities such as camping, hiking, canoeing and abseiling can be used for learning new skills and understanding how to deal with challenges.**
- **Further community-based outreach support to encourage progression and embedding positive changes over a 9 month period**

Venture Trust programmes will help you to:

- **Deal more effectively with stressful or unfamiliar situations and reduce risk of offending or reconviction**
- **Develop valuable life skills such as more effective communication, working collaboratively and self-organisation**
- **Move along a path towards volunteering, education, training and employment**
- **Build more positive relationships with those around you**
- **Think about where you want to be in life, and work out how to get there**
- **Boost confidence and discover new things about yourself**

How to get involved

Refer now

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