

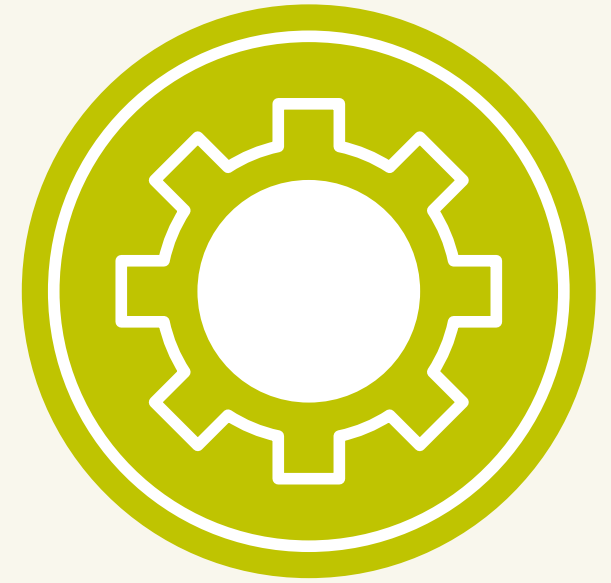
Be well



Be connected



Be ready



venturetrust

Active Living Hub



Offer you personal development to maintain positive relationships, activities to build routine and stay healthy

This will include being active and healthy eating

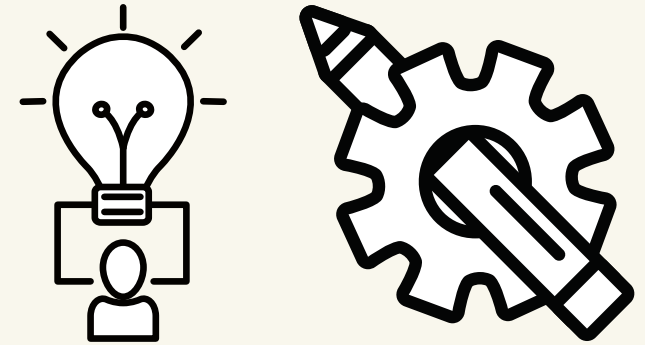
Wellbeing Hub



Offer counselling support

Help you look after your mental health

Employability Hub



Prepare you to 'Be Ready' for work when restrictions are relaxed

Support you to take up existing offers of work or volunteering